

LCMHL COACH-MANAGER MEETING

October 17, 2024
Zoom Presentation



President's Message

Welcome to the 2024-25 season!

New this Season

- HC Pathways programs extends to U15
- All associations and the LCMHL are using a new website platform (SportsHeadz)
- New level designations
 - A, B, C become Tier 1, 2, 3

Let the *players* **play**
Let the *coaches* **coach**
Let the *officials* **officiate**
Let the *spectators* be
positive!

Role of LCMHL

- Administration of League
- Scheduling of all house level games
- Provide rules & regulations around games
 - e.g., game length, stats, running clock etc.
- League-level discipline
- Oversee team placement in accordance with Hockey Eastern Ontario (HEO) Guidelines



2024-2025 Executive

President	Tom Stephens
Secretary	Jennifer Garner
Treasurer	Fiona Livingston
Webmaster	Andy Backa
Statisticians	
U09	Shawna Kealey
U11	Mike Taylor
U13	Jane Cameron
U15	Jenny James
U18	Debbie Heuchert
U21	Jenny James
Presidents – APMHA, CPMHA, ORMHA, PLMHA, RMMHA, SMHA, WCMHA	

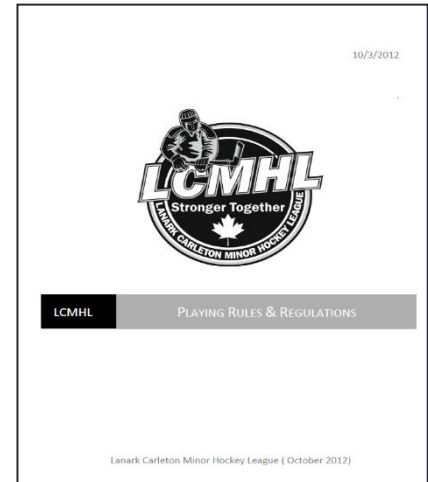
Important Dates

Event	U9	U11	U13	U15	U18	U21
Coach/Manager Mtg	2024-10-17					
Reg Season Start	2024-10-19	2024-10-19	2024-10-19	2024-10-19	2024-10-19	2024-11-01
Halloween (No games U11/U13)	2024-10-31					2024-10-31
Christmas Break	2024-12-20 - 2025-01-03					2024-12-20 - 2025-01-03
Reading Week						2025-02-14 - 2025-02-23
Reg Season Ends	2025-02-16					2025-02-28
Playoff Round Robins Begin	2025-02-22					2025-03-01
Playoff Round Robins End	2025-03-22					2025-03-16
March Break	2025-03-07 - 2025-03-16					
Finals	2025-03-23 - 2025-03-31					2025-03-17 - 2025-03-31
Blackout Periods	2025-02-21 - 2025-02-23 2025-02-28 - 2025-03-02	2025-02-21 - 2025-02-23 2025-02-28 - 2025-03-02 2025-03-21 - 2025-03-23				2025-02-28 - 2025-03-02 2025-03-07 - 2025-03-09

See this online at: [Important Dates \(Lanark Carleton Minor Hockey League\) \(lcmhl.ca\)](https://lcmhl.ca/important-dates)

LCMHL Handbook

- One source of information:
 - LCMHL Constitution
 - By-Laws
 - Most importantly – Rules and Regs
- Recently revised
- Take the time to read the rules in their entirety
 - Most notably: rescheduling games, game precedence and playoffs.
 - Also outlines the escalation process!



[LCMHL Handbook \(Lanark Carleton Minor Hockey League\)](#)

Responsibilities of the Team Coach

- All aspects of the game related to the team
- Reporting all suspendable offenses to the district Suspension Reporting System (TTM)
 - Suspensions include: 10-minute misconducts, 5 minute majors, etc.
- Reporting game results within 48 hrs. to the Goalline website
 - 24 hrs. during playoffs
- Rescheduling / switching games when necessary
 - Please use Game Reschedule & Switch Forms on website
- Affiliation Tracking (of your affiliated player)
- Most importantly... *the conduct of the team and parents*

Affiliation



Club System

- No rostering
- Affiliation from within the association
- See the [House League Affiliation Chart \(Lanark Carleton Minor Hockey League\) \(lcmhl.ca\)](http://lcmhl.ca)
- Affiliation up to a max of 15 games, excluding exhibition games
- No limit on Goalies
- Tracked within TTM
- Must “register the call-up” within TTM prior to the game
- A player’s coach is responsible for tracking the affiliations of his team members

Game Switching and Rescheduling

Game Switching

- Two visiting teams trade their games against the same home team
- Requires no rescheduling of ice
- Initiated by a visiting team – does not impact the schedule of the home team
- Visiting teams must first attempt to switch a game before requesting a reschedule

Game Rescheduling

- A game cannot be played and must be rescheduled
- Home team/association responsible for providing a new ice slot
- Impacts the schedule of both the home and visiting team

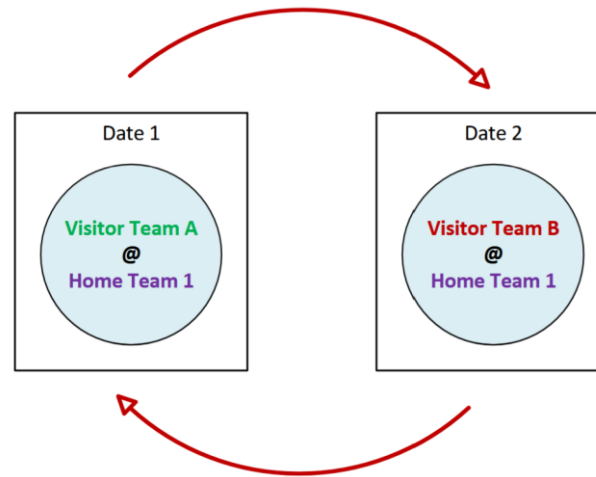
Both must be approved in advance by your League Statistician

Forms for each are available on LCMHL web site

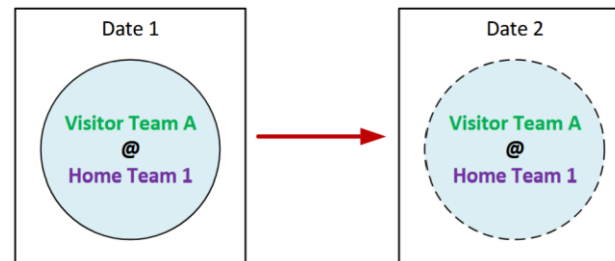
[Game Switches and Reschedules \(Lanark Carleton Minor Hockey League\) \(lcmhl.ca\)](http://lcmhl.ca)

Game Switching and Rescheduling

Game Switch



Game Reschedule



Switching Games

- Must obtain prior consent from your divisional statistician
- Must gain agreement from the other visiting team
- Must complete the [Game Switch Form](#)
- Must provide the form to the statistician no later than 72 hours before the switched game
- The statistician will update the online schedule
- The statistician will notify the home team
- The home team cannot refuse to play the switched game(s)
- Full details (and forms) are on the [league website](#) (For Teams menu)

Rescheduling Games

- Requesting teams must make request to statistician
- Must complete the [Game Reschedule Form](#)
- Statistician may approve or deny the request
- Statistician approval must be obtained before engagement with another team
 - Exception: inclement weather reschedules
- Full details (and forms) are on the [league website](#) (For Teams menu)
- Policy
 - Prior to December 15 – No limit on reschedule requests
 - Post December 15 – Maximum of 2 reschedule requests

Inclement Weather

Inclement Weather Re-scheduling:

1. Team officials must contact their statistician who has the authority to postpone games due to weather conditions.
2. If the statistician cannot be reached, team officials must contact the League President, the Treasurer or Secretary who also have the authority to postpone games.
3. The opposing team must be notified by the team official requesting cancellation due to inclement weather.
4. The team official will then contact the Referee Scheduler of their Association to advise the officials that the game has been postponed and will be re-scheduled.

NOTE: At no time may a team postpone a game on its own. If this is done the team will be subject to a fine or suspension.

Game Protests & Appeals

- Must be made to the League within 72 hours of relevant game
- Must be in writing from the home association's president or other designated official and addressed to the League President
- Must clearly state the grounds upon which the appeal is being made and what aspect of the game, in particular, is being appealed.
- The League will assess the appeal and determine whether or not it will be formally considered
- Appeals of a frivolous or trivial nature will not be considered
- Reference:
LCMHL Rules and Regulations, Section 15 ([LCMHL Handbook \[August 2024\]](#))

Game Sheets

- Should be correctly completed and be legible
- Most associations have timekeepers that complete the game sheet
- Must be entered into the league website
 - Within 48 hrs (Regular Season)
 - Within 24 hrs (Playoffs)
- You must enter exactly what appears on the game sheet
- No corrections or other changes
- LCMHL may perform a full audit if violations are suspected
- Teams are responsible for keeping game sheets for a year
- If timekeeper is absent, the home team is responsible for timekeeping and game sheet completion
- Instructions: [How to Fill Out a Gamesheet \(Lanark Carleton Minor Hockey League\) \(lcmhl.ca\)](http://lcmhl.ca)

Penalty Minutes & Suspension

Penalty Minutes

- Monitored monthly by the league
- For teams that receive 50% more penalty minutes than the division average
 - The association and the team are notified
 - Disciplinary action may follow if improvement is not shown

Suspensions

- The league has the right to add suspension games that are in addition to those specified in HEO's Code of Discipline and by the district
- Ensure you carefully track games served and are diligent at updating TTM with them

D4 Online Suspension Tracking System

Total Team Management (TTM)

- Teams must report all suspendable offenses via TTM
- Reporting must be done within 24 hrs. of each game
- The system will indicate the default # of games your player or bench staff will need to serve.
- Teams must report each game served
- LCMHL will reconcile the carry over into each new season



Access

- Team accounts are set up each season
- The system is accessed from
 - The LCMHL website (For Teams)
- Users request their team password upon first-time access

District Perspective

Special Guest: **Amanda Waterfield** – D4 Chair

Tournaments

- Priority is always given to league games
- Tournaments must be approved by the league
- Procedure
 - Obtain approval from the league statistician
 - Complete the online [Tournament Request Form](#)
 - Address conflicting league games via Switches and Reschedules
 - See league website
[Tournament Requests \(Lanark Carleton Minor Hockey League\) \(lcmhl.ca\)](#)

Caution

- Note the blackout dates for the season
[Important Dates \(Lanark Carleton Minor Hockey League\) \(lcmhl.ca\)](#)

Escalation

Situations

- When you have concerns over a situation that you feel should be addressed
- You have a voice, but protocol must be followed

Escalation Procedure

1. Wait 24 hrs. (“24 hour rule”)
2. Contact Association (convener, director, president)
3. Association President Contacts the League

Please remind your parents!

- They should always start by approaching the head coach

LCMHL Website – New Platform!

SportsHeadz

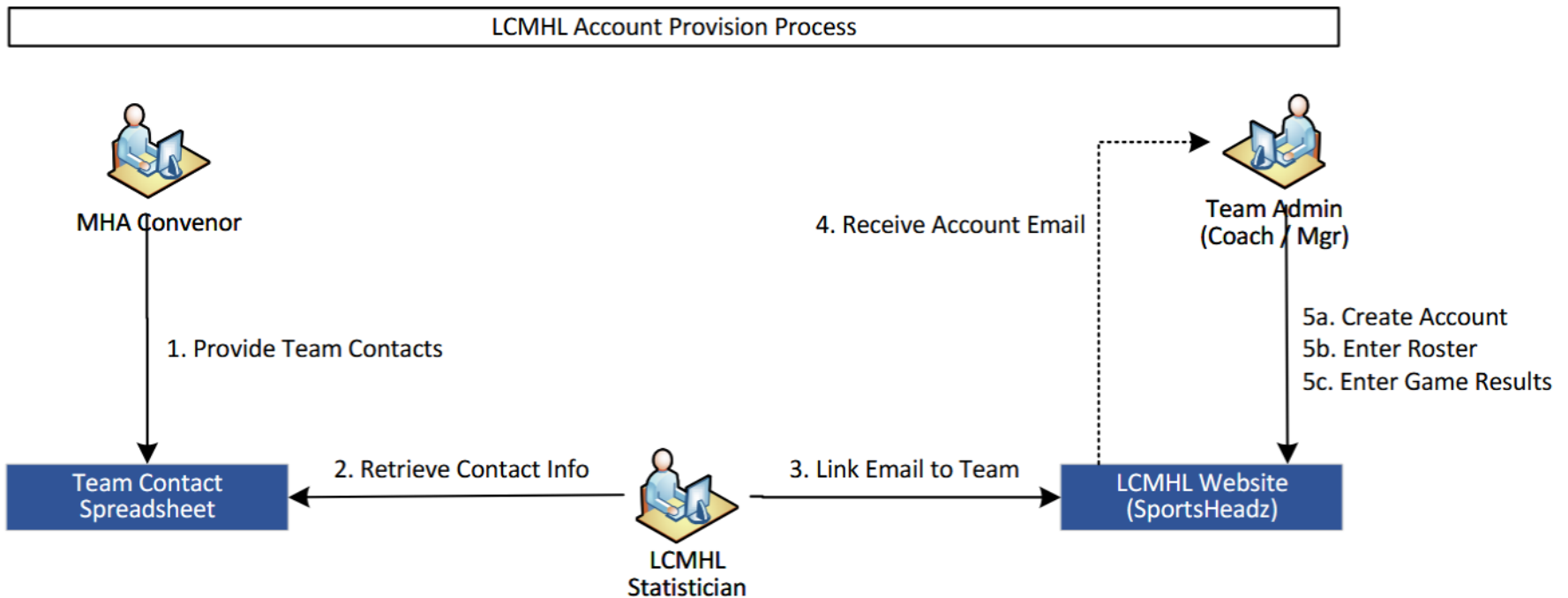
- The primary means to administer the League's hockey activities
- The definitive source for game schedules, announcements, etc.
- League's responsibility
 - Game Schedules
 - Statistics Reporting
 - League-wide Communication
- Team Responsibility
 - Team Roster Maintenance ← Input your roster immediately
 - Team Contacts (Bench Staff) Maintenance
 - Reporting Game Results

Website Account Provision

A 2 Step Process

- Step 1
 - Association convenors provide team contacts in an online spreadsheet
 - League statisticians have the system email an invitation to a team contact
- Step 2
 - Team contacts receives the invitation
 - Follows a link to create an account
 - Once created, team contact can log into the LCMHL website
 - The account will be linked to all teams for which user was registered
- Reference: [Obtaining a LCMHL Website Account \(Lanark Carleton Minor Hockey League\)](#)

Website Account Provision



Team Responsibilities on the Website

Each must perform the the following on the league website

- Enter team staff (contact) information
- Enter the team roster
- Enter game results

Additionally, they may:

- Create another team website user (aka Team Admin)
- This might be a backup manager, a parent who will enter game results, etc.

Full instructions are available on the [website](#) (under For Teams)

Problems: Contact the webmaster at lcweb@lcmhl.ca

U9 Format

Regular Season

- Half Ice format
- 4 on 4 hockey – continuous play
- No Scoring
- Three minute warm-up
- Two 23 minute periods
- Change ends between periods
- Each period begins with a face-off
 - Only 2 faceoffs per game
- Continuous clock
- Buzzer every 90 seconds – Shift change
- Often 2 simultaneous half-ice games - Both games are synchronized
- **Game sheets are required in case of major penalties**
- **Full ice games after Jan 15th**

Let's Play Hockey



- **Schedules**

- All schedules have been posted to the website
- **Please Remember: SCHEDULES ARE SUBJECT TO CHANGE.**
- Always check with game times on the website (Assoc. or League)

- Have a Safe and Fun Season
- Thank you for volunteering!

